



Sharek's

Emergency Response

In partnership with Project HOPE

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In response to the urgent humanitarian crisis in Gaza, Sharek Youth Forum remains steadfast. Acknowledging the imminent humanitarian catastrophe, widely recognized by humanitarian organizations, we have launched a humanitarian campaign in response to this tragedy.

Our campaign, "Sharek Sha'bak," is a youth-led national initiative that took root in 2009 during the war against Gaza. The fundamental mission of this campaign had been consistent ever since it started: **To secure immediate support and assistance to the people in need, reinforcing their resilience in the face of indiscriminate aggression that particularly targets civilians, including children, women, individuals with disabilities, and the elderly.**



Where We Operate:

Sharek operates its emergency response in the West Bank and the Gaza Strip in close collaboration with prominent international and national organizations and CBOs; with unwavering support from a diverse group of volunteers spanning every corner of the Gaza Strip and the West Bank. We are committed to extending our services to all displaced civilians in Gaza Strip who are seeking refuge in various shelters.

These shelters encompass a wide range of locations, ranging from UNRWA and public-school facilities to unconventional sites such as wedding venues, public spaces, parking lots, and the generous offerings of private residences. Our goal is to provide a safe haven and essential support to those affected by the crisis, ensuring that no one is left without assistance.



What We Do:

The "Sharek Sha'bak" campaign focuses its efforts on shelters and gathering places of displaced individuals. We offer a range of urgent and essential services designed to enhance living conditions and overall well-being. Our activities include:

- 1- Distribution of supply packages to address daily food and water needs.
- 2- Distribution of hygiene kits for adolescents and women
- 3- Distribution of postpartum kits
- 4- Implementation of psychological support and Psychological First Aid (PFA) activities
- 5- Implementation of humanitarian initiatives through youth mobilization and voluntarism.

During this critical period, Sharek Youth Forum plays a crucial role in advancing humanitarian services, particularly through psychological support interventions in the Gaza Strip. Our efforts are directed towards providing essential psychological assistance and meeting basic needs for survivors, with a specific focus on vulnerable populations such as children, women, individuals with disabilities, and the elderly.

In a significant stride towards enhancing our impact, Sharek Youth Forum has recently entered into a partnership with Project HOPE, a humanitarian foundation committed to addressing global health challenges. Project Hope specializes in providing solutions that empower communities and individuals to lead healthier lives. Through this collaboration, we are now actively implementing a comprehensive Psychological Support Program for survivors and those affected by the recent aggression in the Gaza Strip. Our aim is to assist them in overcoming trauma and offer guidance to navigate the challenges posed by the current circumstances.



On the ground Work :

Our dedicated team, operating under the framework of our partnership with Project HOPE, have successfully executed 77 sessions and activities, covering 35 shelters in Deir Al Balah and Rafah.

More Specifically, our intervention includes:

- A.** A total of 45 psychosocial support group sessions, effectively benefiting 1342 displaced individuals. These sessions were designed to comprehensively address the well-being of displaced individuals, covering topics such as mental health and coping strategies. The sessions provided a platform for those displaced individuals in shelters to share their experiences, receive guidance, and exchange mental coping strategies. With a goal was to create a supportive environment that not only addressed immediate needs but also fostered resilience and community connection among those affected in the Gaza Strip. It is worth to mention that the sessions were successfully implemented by our dedicated PSS (Psychosocial Support) teams. These teams consist of 20 highly skilled individuals, comprising 10 specialized Psychological Support counselors, who are complemented by an additional 10 facilitators. The sessions were as follow:



21

sessions focusing on
and benefiting 625
female participants



11

sessions catering to and
benefiting 325 male
participants



13

psychosocial support
,group sessions
benefiting 392
participants

On the ground Work :

B. Additionally, we have implemented a total of 32 psychological relief activities, benefiting 1046 displaced individuals. These sessions were designed to provide emotional support and well-being assistance to displaced people with focus on children, adolescents, and women. The aim of these sessions extended beyond immediate relief, seeking to address the unique psychological needs of the young population affected by the crisis. Employing a diverse range of therapeutic approaches, including painting, physical activities, drawing, music, and psychodrama, the activities seek to provide a holistic and engaging environment conducive to healing and emotional recovery. The sessions were implemented with the support of almost 30 facilitators who implemented the below sessions

20

psychological relief
activities benefiting 606
female participants



12

psychological relief activities
benefiting 440
participants



This collaborative cooperation is a testament to our commitment to alleviating the psychological impact of the recent events in the Gaza Strip and fostering resilience among those affected. We remain dedicated to our mission of providing holistic support to vulnerable communities and promoting their well-being during challenging times.

