

Volunteering: We Write Our Own Destiny

The Palestinian communities in Gaza and the West Bank are facing some serious challenges right now, and it's time to step up. Sharek Youth Forum is all in, rallying the youth for some hands-on community work. Our youth volunteers out there have seen it firsthand – there's a real urgency for all of us to come together and tackle the big issues in our communities. Despite the tough times, Sharek Youth Forum is on a mission to make a positive difference. We're rounding up our energetic young volunteers to bring much-needed help and relief to those hit hardest.

Despite all challenges, Sharek and the volunteers are standing strong, committed to creating a positive impact. We're tapping into the passion and commitment of our young volunteers, working hard to bring essential support to those who need it most.

These times might be tough, but the youth volunteers remain a symbol of hope and resilience. We're driven by the belief that by voluntary work, we can keep our efforts fixed onto supporting the families and individuals affected by the ongoing aggression.



Ahmad Abu Shawish

A leading volunteer at Sharek Sha'bak campaign

"Volunteering is definitely a necessary work and a national commitment by itself. It's even become a duty to us. That's mainly because of the enormous energy the youth possess which should be directed into serving the people most in need. The situation in the Gaza Strip is increasingly worsening. Everybody now needs assistance. You can say that all people became displaced, even those who still have their homes. Above all, the assumption is that over 90% of voluntary work can be considered of high risk now."



شارك شعبك

Sharek Sha'bak



Jamal Badwan

Kubar Youth Local Council, and a Sharek Sha'bak volunteer

"It was not easy to remain voiceless during all that's happening. Going into the field felt like a duty being performed rather than participating in a community work initiative.



Dealing with the everyday tasks became more complicated having to live in constant fear from death haunting us in the West Bank and Gaza. Working with the displaced workers in Ramallah lead me to realise that I need to take the lead even though the psychological pressure was at its peak especially because of the loss of some families of those workers. Steadiness was the choice I made so we can help. Even more, we all are capable of bringing change, even with words."

Lina Albar'awi

Tamayyaz beneficiary, and a Sharek Sha'bak volunteer

"I participated in this campaign because of the current situation, ongoing occupation, and all violations its committing in the Strip. My team and I have worked on distributing aid, health kits, and psychological support activities for kids and adolescents. It was a very fruitful decision that is to undergo this volunteering experience supporting my own people who are resilient and strong."



Mai Awad

Tamayyaz beneficiary, and Mental Health Specialist

"As a mental health specialist, I took a decision to get involved in order to support the displaced individual and enhance their psychological flexibility as much as possible which helps in enhancing people's response to wars and crises. We can't provide support by passing by a cause only, instead, it needs at least 3 days to overcome post-shock cases."





Heba Ghannam

Tamayyaz beneficiary, and Mental Health Specialist

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